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|  | Monday  Jan. 5 | Tuesday  Jan. 6 | Wednesday  Jan. 7 | Thursday  Jan. 8 | Friday  Jan. 9 | Saturday  Jan. 10 | Sunday  Jan. 11 |
| Breakfast | Green Smoothie | Green Smoothie | Green Smoothie | Green Smoothie | Green Smoothie | Green Smoothie |  |
| Snack | Apple & String Cheese | Apple & String Cheese | Apple & String Cheese | Apple & String Cheese | Apple & String Cheese | Apple & String Cheese |  |
| Lunch | Mom’s Chili | Mom’s Chili | Mom’s Chili | Mom’s Chili | Mom’s Chili | Mom’s Chili |  |
| Snack | Orange & Yogurt | Orange & Yogurt | Orange & Yogurt | Orange & Yogurt | Orange & Yogurt | Orange & Yogurt |  |
| Dinner | Shrimp Scampi | Shrimp Scampi | Gr. Chicken, Green Beans, & Red Potatoes | Grilled Chicken Salad  (Canes Game) | BBQ Chicken Pizza | Pot Roast |  |
| Snack | Strawberry Smoothie | Strawberry Smoothie | Strawberry Smoothie | Strawberry Smoothie | Strawberry Smoothie | Strawberry Smoothie |  |
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